




SPARTAN FIREARMS TRAINING GROUP, LLC

TIP OF THE DAY

How Often Should You Rotate Your Carry Ammo?





If you carry a firearm for self-defense, your ammo needs to work—**no excuses, no failures**. At Spartan Firearms Training Group (SFTG), we train for real-world conditions, including the small details that keep your gear running smoothly.


Here's a solid rule of thumb: **rotate your carry ammo every 6 months**. Some folks stretch it to a year, but if you're carrying daily—especially inside the waistband—your rounds are constantly exposed to sweat, heat, moisture, lint, and gun oils. That environment breaks ammo down, and you won't always see it coming.

 *Corrosion, tarnish, and bullet setback can cause malfunctions when you can least afford it.*

Also, **stop feeding the same round over and over again**. Every time you rack that slide and chamber that same cartridge, you're slowly wearing it out. After a few times, toss it in the range bag and load a fresh one.

SFTG Recommended Routine for Ammo Care:

-  Inspect your carry ammo once a month
-  Ditch anything that looks corroded, dented, or sketchy
-  Rotate all carry ammo every 6 months
-  Shoot the old stuff at the range—it's still great for training

 **Remember: You're betting your life on this gear.** Treat it that way. At SFTG, we don't cut corners—and neither should you.

#SpartanFirearmsTrainingGroup #ConcealedCarry #AmmoTips #EDCReady
#SelfDefenseMindset #TrainHardStayReady