



SPARTAN FIREARMS TRAINING GROUP, LLC

🔫 Tip of the Day — July 12, 2025 🔫

Tunnel Vision Kills. Train to See

In a real-world encounter, **tunnel vision can kill you**. It's a natural stress response—your brain focuses on one threat and everything else fades into the background.

But if you're carrying a handgun in public, you can't afford that kind of mental freeze. The threat might not be alone. Innocents might be nearby. Law enforcement might be arriving.

Tactical mental agility is your edge. Build it into your training:

- ✅ **Scan with purpose** after your final shot—identify other threats, look for cover, and check your 360. (We have scanning drills built into our live-fire range day.)
- ✅ **Use verbal commands** in your drills to stay mentally engaged and condition yourself to lead under pressure.
- ✅ **Run force-on-force scenarios** where the “obvious threat” is just a distraction. Train to adapt, not just react.

The gunfight is a *thinking* problem. Fast and accurate is good. **Quick, correct, and adaptable** are the keys to success.

👁️ See more. Think faster. Live longer.

#ConcealedCarryMindset #BreakTheTunnel #TrainHowYouFight #CognitiveCombatives
#SituationalAwareness #SpartanFirearmsTrainingGroup