



Spartan Firearms Training Group, LLC

Tip of the Day — July 17, 2025

Train to Draw Quickly from Concealment

When it comes to carrying concealed for self-defense, **reaction time is everything**. You might only have **1.5 to 2.5 seconds** to recognize a threat and respond—and **that clock starts before you even reach for your gun**.

But here's the good news: with the right training, **you can cut that time down**. Many trained shooters can draw and respond in approximately 1.0–1.5 seconds, and some can achieve a response time of below **0.8 seconds**. The key? **Repetition, mindset, and gear that works**. (see [Why Frequent Firearms Training Isn't Optional](#)).

What Impacts Your Draw Speed?

- ✓ **Training & Repetition** – Build muscle memory through consistent dry practice and range time.
 - ✓ **Holster Setup** – A quality, well-positioned holster makes your draw faster and safer.
 - ✓ **Clothing Choice** – Baggy layers, jackets, or undergarment concealment all affect speed.
 - ✓ **Mental Readiness** – A calm, focused mind performs better under pressure. Train for stress. (see [Mastering Stress Inoculation in Defensive Firearms Training](#))
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Don't Forget the Legal Side

Knowing how to draw fast means nothing if you don't know **when** you're legally allowed to do so. Understand your **local use-of-force laws**, and always prioritize **de-escalation** first. Carrying a firearm comes with **moral, legal, and tactical responsibilities**.

Watch & Learn – Real-World Draw Techniques


Appendix Inside-the-Waistband (AIWB) Draw

 [Watch: Sub-Second Deep Carry Draw](#)

 Demonstrates a realistic concealment option, efficient motion, and actual sub-second demonstration.


Outside-the-Waistband (OWB) Draw

 [Watch: Gunsite 5-Step Presentation](#)


 Demonstrates a classic, safe, and structured 5-step draw technique taught at Gunsite Academy—and by us on our concealed carry range day (teaching drawing from concealment is too dangerous with the large groups [20-25] people that we train).

Purse or Bag Draw

 [Watch: How to Draw from a Purse](#)

 Female instructor demonstrating how to safely draw from a carry purse and bag with step-by-step clarity.

Final Thought:

 Just because you own and carry a gun doesn't make you a prepared citizen—**no more than owning a guitar makes you a musician**.

To be armed, you must:

- Train your **mind and body** under stress.
- Become fluent in **safe, efficient gun handling**.
- Regularly dry practice your draw and **marksmanship**.
- Prepare to act by saying:
"I knew this could happen, and I know what to do about it."

— *Paraphrasing the wisdom of Col. Jeff Cooper*

Because when that moment comes when you have no option but to use deadly force to stop the threat, you won't have a lot of time to unzip a purse, move your clothing out of the way, or second-guess the situation. You'll have seconds—or less.

Finally, remember this--it's not how many shots you take, it's how many hits you get, and the person who makes the first hit is the one who goes home alive. Getting that first hit means coming out of concealment quickly and accurately.

#ConcealedCarry #DrawFromConcealment #SelfDefense #SituationalAwareness
#TrainHard #StayReady #CCW #DryPractice #JeffCooper #StressInoculation