



Spartan Firearms Training Group, LLC

Tip of the Day—July 18, 2025

🔥 Don't Carry If You Struggle with Anger Management 🔥

(Note: Carrying a firearm is a serious responsibility. If you have trouble controlling your temper, it's not just a personal issue—it's a safety issue for everyone around you, including yourself. We advise our concealed carry customers about this in the classroom and again at the beginning of our live-fire range day.)

Here's Why You Shouldn't Carry

- **Anger clouds judgment.** You're more likely to make a terrible, split-second decision you can't take back.
- **It turns minor arguments deadly.** A heated moment can spiral fast when a gun is involved.
- **Impulse control matters.** If you're quick to lash out, carrying only increases the danger.
- **Mistakes happen when emotions run hot.** Handling a weapon while angry raises the risk of accidental discharge.
- **You can't de-escalate when you're already fired up.** Carrying a gun doesn't make you the bigger person—self-control does.

Serious Consequences of Anger Flare-Ups

!! Injury or Death

An angry outburst can lead to the misuse of a weapon, resulting in someone getting seriously hurt or killed, possibly an innocent person.

!!Criminal Charges

Assault with a deadly weapon, manslaughter, or even murder charges can stem from impulsive actions in a moment of rage.

!!Loss of Gun Rights

A felony or certain misdemeanors related to violence or threats can permanently revoke your right to carry or even own firearms.

!!Lifelong Regret and Trauma

Even if you're not prosecuted, pulling a trigger in anger can leave you with emotional scars, nightmares, and guilt that never go away.

!!Financial Devastation

Legal defense costs, civil lawsuits, lost wages, and damages can add up to hundreds of thousands—or more.

!!Family Breakdown

Angry behavior, especially when combined with guns, can lead to fear, broken relationships, divorce, or the loss of custody of children.

!!Loss of Career or Reputation

A single outburst or violent incident can destroy your credibility, cost you your job, and stain your reputation for life.

!!Police Involvement or Jail Time

An angry confrontation—especially involving a weapon—can quickly escalate to handcuffs and jail time, even if no one gets hurt.

!! Escalation Instead of De-escalation

What could've been walked away from peacefully turns into a life-changing incident when anger takes the lead.

!! Permanent Criminal Record

One flare-up can leave you labeled as a violent offender, affecting every aspect of your future—from employment to housing to freedom.

Bottom-Line

If you struggle with anger, the **most responsible and courageous choice** is to seek help and *not* carry until you've built the self-control necessary to manage that responsibility safely. Get help. Train your mind to manage your emotions before you carry a weapon.