



Spartan Firearms Training Group, LLC

Tip of the Day, July 2, 2025

● Mastering Point Shooting with Rapid Trigger Press ●

Did you know? Most armed attacks happen at **10 feet or less** (source: FBI's Annual Report on *Law Enforcement Officers Killed and Assaulted*)— a distance where you rarely have time to draw, align sights, and fire in under 3 seconds. This is why you need to master point shooting!

🎯 What is Point Shooting?

It's instinctive shooting without using sights. You rely on your natural hand-eye coordination and body mechanics to quickly point your firearm at the threat.

🔥 Sharpen Your Skills With These Tips

👉 **Practice Close Range:** Start close, using dry fire and live fire drills, as well as shot timers, to build speed and smooth trigger control.

👉 **Speed Up Your Draw:** Draw fast and bring the gun naturally to the target — a clean presentation saves precious time. Use a shot timer to measure your speed.

👉 **Keep Your Eyes on the Threat:** Don't focus on your sights. Trust your body's instinct for direction.

👉 **Use Natural Movements:** Think about how you point with your finger — apply that fluid, instinctive motion to your gun handling.

👉 **Press the Trigger Rapidly and Smoothly:** Speed matters, but control is key for effective and accurate shots.

👉 **Grip and Stance Matter:** A solid grip and balanced stance help you absorb recoil and get quick follow-up shots.

🚀 Practice these fundamentals consistently, and you'll improve your ability to react fast and shoot accurately under pressure.

#SpartanFirearmsTrainingGroup #SelfDefense #PointShooting #RapidResponse
#InstinctiveAccuracy