



Spartan Firearms Training Group, LLC

Tip of the Week—February 10, 2026

🔵 Colonel Dave Grossman's "Sheep vs. Sheepdog" Analogy 🔵

The Sheep (Peace-Oriented Citizen)

- Strives to live a safe, predictable life
- Thinks evil won't "visit" them
- Trusts that other people or the law will protect them
- Goes out of their way to avoid conflict
- Trapped by the "normalcy bias" ("that could never happen to me")

The Sheepdog (Protector Archetype)

- Knows evil exists
- Has the capability and capacity to act when others cannot or will not
- Prepares mentally, legally, and skillfully
- Accepts responsibility to be a guardian
- Carries the burden of difficult decisions in dangerous situations
- Shatters the "normalcy bias" (that could happen to me, and I know what to do about it)

Where the Analogy Helps

- Explains why most people avoid violence
- Highlights the reality that help may be delayed
- Reinforces personal responsibility for protection

The Takeaway

You don't become a sheepdog because you're tougher or better.
You become a sheepdog you adopt the mindset that, "If I don't act, no one else will."