



SPARTAN FIREARMS TRAINING GROUP, LLC

Tip of the Week—March 2, 2026

The Principle of Preparedness: The Foundation of Responsible Carry

- Preparedness is a daily discipline, not a one-time qualification
- You will fall to the level of your training, not rise to the level of your expectations
- There are six pillars of preparedness:
 1. MENTAL PREPAREDNESS—know and understand use-of-force law, including knowing your personal “red line.”
 2. EMOTIONAL PREPAREDNESS—carry without your ego interfering. Calm over pride, de-escalation as strength, not weakness, walking away if it is safe to do so.
 3. PHYSICAL PREPAREDNESS—train to achieve competent gun handling and marksmanship skills; physical conditioning so you can stay in the fight if necessary.

4. SITUATIONAL PREPAREDNESS—practice informed situational awareness, practice avoidance and positioning, and practice the discipline of not being distracted (for example, by cell phones)
5. MORAL PREPAREDNESS—recognize the gravity of lethal force; have internal clarity about your decision to use force; carry with humility; carry with respect for your firearm, for human life, and for the law.
6. AFTERMATH PREPAREDNESS—including immediately after you use deadly force; preparing to deal with the legal consequences (get firearms owners protection from companies like USCCA); preparing to deal with the impact of your actions on your family, community, and on your long-term emotional well-being.

And for your sake and safety, please train to use your handgun effectively and legally. You've heard us say that a gazillion times. We hope it sinks in because your life may depend on your level of preparation.