



★ INTEGRITY.
★ DISCIPLINE.
★ PREPARATION.


VALUES IN WORDS.
VALUES IN ACTION.
VALUES ALWAYS.

SPARTAN FIREARMS TRAINING GROUP

WALK THE TALK

“ It is not 'walk the walk,'
it is not 'talk the talk.'
It is, for goodness sake, 'walk the talk.' ”

-  1 You have to do what you say (walk the talk).
-  2 You have to practice what you preach (walk the talk).
-  3 Do what you say, live what you teach (walk the talk).
-  4 Your conduct must match your stated beliefs (walk the talk).

 5 **A responsible armed citizen cannot merely speak about discipline, restraint, and preparation. He and she must walk the talk.**

